better language teaching

☑ seven keys
☑ six chapters
☑ one hundred activities

help your students reach their goals

www.headsupenglish.com/index.php/better-language-teaching

101 Pre-Lesson Grammar Worksheets

get your students ready BEFORE class
maximize the time IN class

www.headsupenglish.com/index.php/grammar-worksheets
What's on Your Bucket List?

Many self-help books suggest that you should make your dreams come true. Anyone can have a perfect life (or an almost perfect life), but you need focus and hard work. Many of these books also warn about regrets. If there are too many regrets, then people are less happy and satisfied.

To be truthful, a perfect life is unreachable. For example, most people can't write a best-selling novel or get rich with a start-up business, both of which are two common dreams. Responsibilities like family, a mortgage, and work must come first. Daily life can be boring too. However, the self-help books are right about one idea: the bucket list.

A bucket list is a "to do" list before you kick the bucket. Or, in other words, a "to do" list before you die. Many people want to learn a foreign language someday, skydive, or travel to exotic locations around the world. The list should inspire you to try new, imaginative, and colorful acts. You should explore your imagination. In addition, the list can contain items that make other people's lives better. However, you don't have to live each day as though it were your last day on the planet.

So what's on your bucket list?

Teacher's Notes:

* Underlined words in red typeface are the recommended vocabulary for this lesson.
WARM-UPS

Select one or all of the following warm-up activities.

1: Define: What does “death” mean? Can you use it in a sentence? Can you give examples?

2: Title: Today's article is: "What's on Your Bucket List?" What will you read about?

3: Do you agree or disagree? Why?
   a. I want to quit my job and follow my dreams.
   b. Life is boring!
   c. There are many things I want to see and do before I die.
   d. There are many things I want to do before I die, but I probably won't have the chance.
   e. Dreams and life goals are very important.

4: Rank It!: What do you want to before you die? Rank the choices in order. Remember to support your decisions!
   a. I want to skydive.
   b. I want to learn how to fly a plane.
   c. I want to see the Pyramids in Egypt.
   d. I want to take acting lessons.
   e. I want to swim with dolphins.
Select one of the following vocabulary acquisition activities.

1: Vocabulary match: Individually or in pairs/groups, match the words in column A (from the article) with the best choice in column B.

| a. warn       | u. get           |
| b. satisfy    | v. give notice   |
| c. reach      | w. look into    |
| d. exotic     | x. encourage     |
| e. inspire    | y. feel pleased  |
| f. explore    | z. very unusual  |

2: Fill in the Blanks: Fill in the blank with the correct word.

<table>
<thead>
<tr>
<th>satisfied</th>
<th>unreachable</th>
<th>exotic</th>
</tr>
</thead>
<tbody>
<tr>
<td>explore</td>
<td>warn</td>
<td>inspire</td>
</tr>
</tbody>
</table>

- a. Many of these self-help books also (warn) about regrets.
- b. If there are too many regrets, then people are less happy and (satisfied).
- c. To be truthful, a perfect life is (unreachable).
- d. Many people want to travel to (exotic) locations around the world.
- e. The list should (inspire) you to try new, imaginative, and colorful acts.
- f. You should (explore) your imagination.

3: Define: Look in your dictionary for each word. Write the definition, correctly pronounce the word, and give an example sentence to the class.

| a. warn:            |
| b. satisfy:         |
| c. reach:           |
| d. exotic:          |
| e. inspire:         |
| f. explore:         |
WORD RECOGNITION

These activities are optional. They reinforce vocabulary and increase reading speed.

1: Word Search: Find only the target words (in bold). Time yourself, and see how long it takes to find all the words.

<table>
<thead>
<tr>
<th>satisfied</th>
<th>unreachable</th>
<th>exotic</th>
<th>inspire</th>
</tr>
</thead>
<tbody>
<tr>
<td>explore</td>
<td>warn</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

```
Z S I N R E A C H A B L E S I
Z I A B N X R G H B C C A R
E J C T I Q X I O N O T C T K
A E U T I E R I P S N I I I S
Z V O K L S L B E S E Y T S X
T C W A R N F E X L N S O F X
E C F C F F X I B Z J U X E T
W L B Q H P C A E R L M E I G
H N Q R L T H D V D J D C D A
T A G O G C F P Z Z M P W Z S
Q W R C A O V I P N R U O T Y
O E P E R F V U J I V X Y H M
V Y R G A H N X D V K C F X J
O N U O W C H V W V E Z A V E
U N C V S S P L R H P N P L X
```

2: Target Word Pool: Find only the target words (in bold) with their exact match. Time yourself, and see how long it takes to find all the words.

<table>
<thead>
<tr>
<th>satisfied</th>
<th>unreachable</th>
<th>exotic</th>
<th>inspire</th>
</tr>
</thead>
<tbody>
<tr>
<td>explore</td>
<td>warn</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

```
exploring  unsatisfied  exotic  inspiration
warned    explore         warmed  satiated
unreachable inspiring    essence  satisfying
inspiring  saturated  reaching
exotically warn    explores
eosits     reaches
dissatisfaction
unsatisfied
uninspired
retching
```

Heads Up English - 4
www.headsupenglish.com
What's on Your Bucket List?
Lower-Intermediate

pre- or post-COMPREHENSION

Select one or more activity to direct students before the article is read, or to check understanding after the article is read.

1: Brainstorm Questions: Brainstorm questions that you would like to ask about today's topic. Answer a partner the questions. He shouldn't look at the article when he answers.

2: True or False?: Guess (before the article) or answer (after the article) if the sentence is true or false. If false, correct the sentence.

a. According to the self-help books, it's easy to have a dream life. T/F
b. According to the article, responsibilities make a dream life impossible. T/F
c. Human nature requires every day be the same. T/F
d. The best lists seek pleasure and fun for the writer of the list only. T/F
e. A bucket list means to live every day as though it were your last day alive. T/F

3: Questions: Answer the questions to check comprehension.

a. What do self-help books suggest?
b. Why is a dream life impossible?
c. What does the article say about everyday life?
d. What kind of acts should a bucket list have?
e. What do the best lists contain?

4: Fragments: Remember how the fragments were used, and complete the sentence.

a. Many self-help books suggest that you...
b. If there are too many regrets, then people...
c. A bucket list is a "to do" list before...
d. However, you don't have to live each day as though it...
post-COMPREHENSION

Select one or more activity to discuss the contents of the article.

1: Vocabulary: Circle any other unknown words/phrases in the article. In pairs/groups, use your dictionaries to understand these words. Write an example sentence for each one.

2: Class Questions: Read through the article once more, and write down any questions that you would like to talk about in pairs/groups or as a class. Answer the questions.

3: Summarize: Work with a partner to summarize the article in your own words.

4: Discuss: Talk about the following questions in pairs/groups. Remember to support your answers and ask more questions with your partner.

   a. Did you like this article? Why/not?
   b. What are some activities you would put on your bucket list?
   c. Do you think a bucket list is a good idea?
   d. Do you think life is boring? If yes, does it have to be boring?
   e. What kind of dreams do you have? Will any of these dreams come true? Why/not?
   f. Why is it important to have dreams or goals to work towards?

5: Life Coach: A life coach is someone who helps people decide and reach personal goals.
(Step 1) Make a bucket list with four items to do or see before you die. Be sure to explain why. (Step 2) Pair up with another student, and present your information. He/She will give you advice about how to achieve those goals, just like life coach. (Step 3) Switch roles.

   1:

   2:

   3:

   4:

6: Google Search: Type "bucket list" into Google news and read additional articles on this topic. Discuss or write an essay about your findings.
What's on Your Bucket List?

Many self-help books suggest that you should make your dreams come true. Anyone can have a perfect life (or an almost perfect life), but you need focus and hard work. Many of these books also warn about regrets. If there are too many regrets, then people are less happy and satisfied.

To be truthful, a perfect life is unreachable. For example, most people can't write a best-selling novel or get rich with a start-up business, both of which are two common dreams. Responsibilities like family, a mortgage, and work must come first. Daily life can be boring too. However, the self-help books are right about one idea: the bucket list.

A bucket list is a "to do" list before you kick the bucket. Or, in other words, a "to do" list before you die. Many people want to learn a foreign language someday, skydive, or travel to exotic locations around the world. The list should inspire you to try new, imaginative, and colorful acts. You should explore your imagination. In addition, the list can contain items that make other people's lives better. However, you don't have to live each day as though it were your last day on the planet.

So what's on your bucket list?

Notes:
What's on Your Bucket List?

Many self-help books suggest that you should make your dreams come true. Anyone can have a perfect life (or an almost perfect life), but you need focus and hard work. Many of these books also (a. _______________) about regrets. If there are too many (b. _______________), then people are less happy and (c. _______________).

To be truthful, a perfect life is (d. ________________). For example, most people can’t write a best-selling novel or get rich with a start-up business, both of which are two common dreams. Responsibilities like family, a mortgage, and work must come first. Daily life can be boring too. However, the self-help books are right (e. _______________) one idea: the bucket list.

A bucket list is a "to do" list before you kick the bucket. Or, in other words, a "to do" list before you die. Many people want to learn a foreign language (f. _______________), skydive, or travel to (g. _______________) locations around the world. The list should (h. _______________) you to try new, imaginative, and colorful acts. You should (i. _______________) your imagination. In addition, the list can contain items that make other people’s lives better. However, you don't have to live each day as though it were your last day on the (j. _______________).

So what’s on your bucket list?
What's on Your Bucket List?

Many self-help books suggest that you should make your dreams come true. Anyone can have a perfect life (or an almost perfect life), but you need focus and hard work. Many of these books also warn about regrets. a) ________________, then people are less happy and satisfied.

To be truthful, a perfect life is unreachable. For example, b) ________________________________, both of which are two common dreams. Responsibilities like family, a mortgage, and work must come first. Daily life can be boring too. However, the self-help books are right about one idea: the bucket list.

A bucket list is a "to do" list before you kick the bucket. Or, in other words, a "to do" list before you die. Many people want to learn a foreign language someday, skydive, or travel to exotic locations around the world. The list should inspire you to try new, imaginative, and colorful acts. You should explore your imagination. In addition, c) ________________________________. However, you don't have to live each day as though it were your last day on the planet.

So what's on your bucket list?

---

Sentence #1:

Sentence #2:

Sentence #3:
What's on Your Bucket List?

Vocabulary
1: Vocabulary Match:

<table>
<thead>
<tr>
<th>a. v</th>
<th>b. y</th>
<th>c. u</th>
<th>d. z</th>
<th>e. x</th>
<th>f. w</th>
</tr>
</thead>
</table>

2: Fill in the Blanks:

<table>
<thead>
<tr>
<th>a. warn</th>
<th>b. satisfied</th>
<th>c. unreachable</th>
<th>d. exotic</th>
<th>e. inspire</th>
<th>f. explore</th>
</tr>
</thead>
</table>

pre- or post-Comprehension
1. True or False:

<table>
<thead>
<tr>
<th>a. T</th>
<th>b. T</th>
<th>c. F</th>
<th>d. F</th>
<th>e. F</th>
</tr>
</thead>
</table>

2. Fragments:

<table>
<thead>
<tr>
<th>a. should make your dreams come true.</th>
<th>b. are less happy and satisfied.</th>
<th>c. you kick the bucket.</th>
<th>d. were your last day on the planet.</th>
</tr>
</thead>
</table>

Student Handout
1: Fill in the Blanks:

<table>
<thead>
<tr>
<th>a. warn</th>
<th>b. regrets</th>
<th>c. satisfied</th>
<th>d. unreachable</th>
<th>e. about</th>
<th>f. someday</th>
<th>g. exotic</th>
<th>h. inspire</th>
<th>i. explore</th>
<th>j. planet</th>
</tr>
</thead>
</table>

2: Extended Listening:

<table>
<thead>
<tr>
<th>a. If there are too many regrets</th>
<th>b. most people can't write a best-selling novel or get rich with a start-up business</th>
<th>c. the list can contain items that make other people's lives better</th>
</tr>
</thead>
</table>

Heads Up English - 10
www.headsupenglish.com