

## **FOOD FOR THOUGHT, THOUGHTS ON FOOD**

Discuss or debate the questions below. Remember to support your answers!

- Is there any kind of food that you could eat every day? If yes, please explain.
  - Is there any kind of food that you cannot eat? If yes, please explain.
  - Have you ever reluctantly tried something, but then loved it? If yes, what was it? Why didn't you want to try it?
  - Have you ever wanted to try something, but then hated it? If yes, what was it? Why didn't you like it?
  - Are you a picky eater? How about when you were younger?
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- What kind of food do you like? How about hate? Why?
  - Do you agree or disagree? English cuisine is the worst in the world? Why/not?
  - Do you agree or disagree? French cuisine is the best in the world? Why/not?
  - Which is your favorite meal of the day? Is it breakfast, lunch, or dinner? Why?
  - What is the best meal that you have ever eaten? Why was it so good?
  - What is the strangest dish you have ever tried? How was it?
  - What is the most disgusting dish you have ever tried? Why was it so bad?
  - How often do you cook? What can you cook well?
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- If you had to give up meat in your diet, could you? Why/not?
  - If you could take a pill as a substitute for food every day, would you? Why/not?
  - Do you regularly eat a well-balanced diet? Why/not?
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- What kind of food can't you go without for a long time? Why?
- What dish (or dishes) is your country or hometown famous for? Please explain.
- How often do you eat sweets? Do you think this is too much, or could you eat them more often?
- How often do you go out to restaurants? What kind of places do you usually go to? Please explain.

