

IT'S TIME TO RELAX

Discuss or debate the questions below. Remember to support your answers!

- Has the pace of the modern world become far too fast? Why do/don't you think so?
 - Do you consider yourself overworked? Please explain.
 - Do you consider yourself stressed out? Please explain.
 - Would you ever consider quitting your job for six months or one year to take a vacation and relax? Why/not?
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- If you didn't have to worry about money, what kind of vacation would you take?
 - What's your idea of the perfect vacation? Why?
 - What's your idea of the vacation from hell? Why?
 - What was the best vacation you have ever taken? Why?
 - What is the best meal that you have ever eaten? Why was it so good?
 - What was the worst vacation you have ever taken? Why?
 - Do you agree or disagree? It will simply be impossible to take vacations in fifty years because everyone will be too busy. Why do you think so?
 - How has the balance between work and free time shifted in the past fifty years in your country? Please explain.
 - Would you describe your life as easy, difficult, or just right? Please explain.
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- Would you consider yourself a workaholic? Why/not?
 - France has experimented with a four-day work week. Would this work in your country? Why/not?
 - Do you think retirement is a real possibility when you turn 65 years old? Why/not?
 - When you retire, will you definitely have the time to travel, relax, and do everything that you have always wanted to do? Why/not?
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- How do you relax?
- How many hours do you sleep each night? Is this too much or too little? Why do you think so?
- What is the busiest country in the world? What country is likely the most relaxed? How does your country compare? Please explain.
- Do you agree or disagree? A six-day work week will be common in fifty years. Please explain.

